

## QUESTIONS TO ASK YOUR HEALTHCARE PROVIDER ABOUT KYLEENA<sup>®</sup>

Ready to ask your healthcare provider about Kyleena? It's important to understand all your birth control options and to make shared decisions with your healthcare provider so that, together, you can decide whether Kyleena is right for you or not.

**Print out this form and bring it to your next appointment.**

### HOW KYLEENA WORKS

- What is an IUD?
- Is Kyleena different from other IUDs?
- How does Kyleena work compared to the pill?
- What hormone is released and how much?
- Does Kyleena contain estrogen?

### KYLEENA BEFORE & AFTER PREGNANCY

- Can I use Kyleena whether or not I have had a baby?
- How soon can I get Kyleena after having a baby?
- Can I use Kyleena while breastfeeding?
- What if I become pregnant while using the IUD?
- If I want to become pregnant, how soon can I try after getting Kyleena removed?

### BEFORE THE KYLEENA IUD INSERTION

- How can I prepare for my IUD placement?
- How can I manage potential pain related to the IUD placement? Is there anything I should know before?
- Do you regularly perform IUD placements?
- Can I get Kyleena today?

### DURING KYLEENA INSERTION

- How is the IUD placed and how long does the placement take?
- Can we stop the placement if I change my mind during the insertion?
- What does placement feel like?

### AFTER KYLEENA INSERTION

- Will I be able to go back to work or school immediately after my insertion?
- Will I feel Kyleena after it is placed?
- How will I know that Kyleena is still in place?

### MY PERIOD ON THE KYLEENA IUD

- Will my periods change once I get Kyleena?
- What if I stop getting my period after I get Kyleena?
- Are there any other side effects or risks with Kyleena I should know about?

### KYLEENA REMOVAL

- Can you remove Kyleena if I change my mind? Are you available to perform IUD removal?
- How is Kyleena removed, how long does the process take, and is it painful?

### COST & COVERAGE FOR KYLEENA

- Will my insurance cover the cost of the Kyleena product, the placement procedure, and the removal process?
- If I don't have insurance, what programs can help me with the cost?

#### INDICATION FOR KYLEENA

Kyleena<sup>®</sup> (levonorgestrel-releasing intrauterine system) is a hormone-releasing IUD that prevents pregnancy for up to 5 years.

#### IMPORTANT SAFETY INFORMATION

- If you have a pelvic or genital infection, get infections easily, or have certain cancers, don't use Kyleena. Less than 1% of users get a serious pelvic infection called pelvic inflammatory disease (PID).
- If you have persistent pelvic or stomach pain, or excessive bleeding after placement tell your healthcare provider (HCP). If Kyleena comes out, call your HCP and avoid intercourse or use non-hormonal back-up birth control (such as condoms or spermicide). Kyleena may go into or through the uterus and cause other problems.
- Pregnancy while using Kyleena is uncommon but can be life threatening and may result in loss of pregnancy or fertility.
- Ovarian cysts may occur but usually disappear.
- Bleeding and spotting may increase in the first 3 to 6 months and remain irregular. Periods over time usually become shorter, lighter or may stop.

*Kyleena does not protect against HIV or STIs.*

Only you and your HCP can decide if Kyleena is right for you. Kyleena is available by prescription only.

For important risk and use information, please [click here](#) for Full Prescribing Information.

You are encouraged to report negative side effects or quality complaints of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

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